

November 2019



**PANTA
REI**
DANSETEATER

C/O Sentralen

Postboks 183 Sentrum

0102 Oslo Norway

www.pantareidanseteater.com



BORN TO LIVE

A physical, intimate and dynamic dance theatre performance about loneliness. Four dynamic dancers bravely share their own personal encounters with loneliness.

Prepare to be moved!

Co-produced by Panta Rei Dance Theatre and Teater Innlandet.

Choreographed by Anne Ekenes and Pia Holden.

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ABOUT PANTA REI DANCE THEATRE

Panta Rei Dance Theatre (PRD) is a Norwegian contemporary dance theatre company based in Oslo, Norway. The company is known for its fast-paced colourful dance theatre performances that are accessible to a wide range of audiences in a variety of theatrical and non-theatrical spaces. PRD has one of the most diverse audiences in Norway and in 2017, the company was nominated for Norwegian Audience Development Prize.

PRD was established in 2000 and has since then created sixteen productions and led numerous dance projects. PRD presented 80 performances for over 5500 viewers in 2018 alone. The same year the company held 162 workshops for over 4700 children and young adults, a level of activity that is set to continue over the coming years.

In 2020-2022, PRD will create three new works. In addition to these productions, the company will create numerous outreach programs and public art projects with a focus on reaching new audiences.

The company tours nationally and internationally, building long-term relationships with partners and projects.

PRD HAS THREE MAIN AREAS OF FOCUS:

- 1) Production and Performances:** PRD premiere and tour one new piece each year in co-production with a theatre/venue/festival in Norway. In addition, the company has five touring full-evening productions that travel both nationally and internationally.
- 2) Touring & Networking:** Both national and international visibility is important to the company. Nationally we continue collaborations with several regional theatres, resource centres, and the Cultural Rucksack project. Internationally, PRD collaborates with many established partners in Europe, Middle-East and Africa alongside ongoing efforts to develop new connections in other continents and countries.
- 3) Extending our Work:** PRD creates projects and outreach programs for local communities when on tour. For many, contemporary dance is a new experience. To meet this challenge the company works closely with local programmers and arts practitioners to craft events and performances that are suited to the local community that both watch and take part in PRD's projects. We strive to create an ownership to the art form in general and more specifically to PRD's artistic approach. Close collaboration between the performing artists in the company and the local community when on tour is the key to success.

BORN TO LIVE (2019)

Performers: Therese Slob, Oliver Sale, Nora Svenning og Emilie Karlsen

Choreography: Anne Holck Ekenes og Pia Holden

Music: Nathaniel Reed

Scenography: Kristin Bengtson

Lighting design: Olav Nordhagen

Dramaturg: Elin Amundsen Grinaker og Kari Saanum

Co-production: Teater Innlandet

Supported by Talent Norway and The Savings Bank Foundation DNB.

Duration: Approx. 60 min.

Suitable for: Youth and adults. 13+.

Language: Norwegian and English.

“Everybody has a story to tell”.

Young people feel loneliness more intensely and more frequently than any other age group, new research has found. In the UK about 40 percent of people aged 16-24, say they feel lonely often or very often, compared to 29 percent of 65-74-year-olds according to a nationwide survey. The findings fly in the face of the stereotypical image of a lonely, elderly person, with some experts suggesting that young people feel loneliness more intensely because they are at a life stage of discovering who they are.

Born to live is an intimate dance performance that both seek to stir emotions and generate exhilaration in the audience. The piece has the audience close up and presents four dynamic dancers that bravely share their own personal encounters with loneliness. Prepare to be moved!

Once again, Panta Rei offers a production that goes straight to the heart of a universal social issue with exceptional performers.

“When we really need to be heard it is important to be taken seriously”.

Feedback and reviews “Born to Live (2019)”

“This performance is one of the best dance performances I've ever seen. It goes straight to your heart. It is impossible not to be moved.”

- Janne Langaas, Artistic director Teater Innlandet.

"It is the performers' closeness to the material and the authentic feeling that is the great strength of the performance. The practitioners alternate between a postmodern movement language, comforting gestures and extradition talks about their own challenges in growing up. The honest body language as well as the verbal language lowers the threshold for sharing. It is art that works."

- Grace Tabea Tenga, Journalist, Periskop.

Se review in Periskop.no

<http://www.periskop.no/anmeldelse-en-som-intimt-om-det-intime/> (In Norwegian. No translation).

CONTACTS

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For Bookings, Marketing & Press enquiries please contact **Anders Rohlan Småhaug**.

For Outreach and Workshop enquiries please contact **Pia Holden**.



***Born to Live** - A dance theatre production with high pace and intricate choreography aiming to emotionally move you.*



Photos by Lise Skjæraasen

PRODUCTION INFORMATION

Audience capacity:

Total space/Stage available	Dance Space	Audience number
10m x 8m	6m x 5m	80
12m x 10m	8m x 7m	100
15m x 12m	11m x 9m	150

Audience on three sides. Raked seating needed if the audience numbers exceed one row on each side.

Rider:

See link: https://pantarei.s3.amazonaws.com/uploads/text_file/file_name/150/Tech_spec_-_En..som_2019_-_Equipment_from_venue_1.1_1_.pdf

Costs:

Fee: from 30 000 NOK for up to two shows a day.

Shipping of scenography needed or the *wall* can be reproduced on site.

Accommodation, travel and per diem depends on the tour-length and country visited. The company has the possibility to apply for a travel grant from the Arts Council of Norway and The Norwegian Foreign Affairs.

BORN TO LIVE TARGET AUDIENCE

- 1) Crossover audiences, i.e. those that regularly seek out the arts; dance/circus/theatre/music/film
- 2) Dance practitioners
- 3) Existing dance audiences and followers
- 4) Young People; school groups, university and college students
- 5) Performing Arts Teachers
- 6) New audiences 13 years of age and up, in rural and hard-to-reach areas

POST SHOW DISCUSSIONS

Panta Rei is committed to making post-show discussions available to all tour venues. Please contact us to plan and arrange these according to the aims of the tour and the venue's audience group.

DOWNLOADABLE CONTENT AND SOCIAL MEDIA.

Panta Rei use Facebook and Instagram as a communication tool. The company and its performers will market the show in liaison with local promoters. SoMe is typically put to use by highlighting the theme of the production on tour, offering teasers of the choreography and outreach program that support the artistry. We use the hashtag #BornToLive across social media forums and ask promoters to do the same when sharing or in other ways promote the tour/performance.

To successfully collaborate on promoting Born to Live please follow us on:

- Facebook link: <https://www.facebook.com/pantareidt/>
- Instagram: @pantareidanseteater
- YouTube: Panta Rei Danseteater (search Panta Rei Danseteater)

High res. images: Contact the company.

Vimeo link to teaser trailer: <https://vimeo.com/361133645>

Vimeo link to Showreel 2019: <https://vimeo.com/364329707>

Full length of Born to Live: <https://vimeo.com/370900073/453c0e7650>

Vimeo link to TILT documentary 2017: <https://vimeo.com/258523310>

Vimeo link to TILT documentary 2018: <https://vimeo.com/328160770>

Newest documentary is being edited at this moment.

BOX OFFICE INFORMATION

The show is suitable for those ages 13+.

There is no strong language, nudity or strobe lighting.

OUTREACH WORK:

Dance workshops: 60 mins to a full day workshops available. The company tailors the workshop to the needs of the venue. Starting cost 2 500 NOK plus travel and accommodation if necessary. Full day workshops with two professional dance practitioners from 10 000 NOK.

Panta Rei workshops are fun and educational. Each workshop is tailored to the participants, and include a variety of activities covering contemporary dance, contact work and text.

Workshop Structure:

- *Workshops for non-professionals begin with games and simple follow on exercises*
- *Depending on the length of the workshop the company includes a technique session – tailored to the level of the group.*
- *The company gives tasks to the workshop participants to create duets, trios or quartets.*
- *Panta Rei teach some routines from their repertoire (level dependent on group ability)*
- *To end – a short showing of the results of the workshop for each other*
- *When possible the company choreograph a short dance piece on all the workshop participants. The piece can be shown as a curtain raiser for the performance Born To Live.*

The company can offer classes for professional performing artists. Contact the company for details.

Photo by Lise Skjæraasen



*Workshop in Hongkong,
summer 2019*



*From a workshop at a
secondary school in Norway.*



QUOTES ON PANTA REI DANCE THEATRE PREVIOUS WORK

"... Panta Rei, goes right to the heart (again) of pressing social and personal issues with an honesty which is startling."

- **Tim Smithies, Carn to Cove, UK**

"The traditional stage set-up was challenged when the audience was invited to the stage, allowing for a refreshing and innovative dance theatre experience."

- **Sidsel Pape, Scenekunst.no, Norway**

"Strong, physical, fast, beautiful, precise and thought provoking performance as well as fantastic music"

- **Camilla Ekelöf, Artistic Director RTV Dance, Regionteater Väst, Sweden**



LOGOS



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